

# First Nations Community Education Program: Experiencing First Nations Well-being in Northern BC

## WHO

- The First Nations Health Authority Northern Region, Northern Health and the UNBC Northern Medical Program proudly announce another season of the First Nations Community Education Program, an opportunity for first and second year medical undergraduate students to visit and learn from northern First Nations communities.

## WHAT

- Students will be matched with and hosted by northern First Nations communities for 4 days/3 nights of cultural exchange and teachings on holistic health and wellness.
- Students will be visiting communities as learners, not experts. They will be keen to participate in anything that's going on in the community.
- This is an opportunity to showcase what makes First Nations families and communities healthy, strong and resilient.

## WHEN

- 4 days of your preference between April 22<sup>nd</sup>-May 3<sup>rd</sup>, 2019 and/or 4 days between Dec 7-17<sup>th</sup>, 2019.
- Communities are asked to submit application forms by **January 28<sup>th</sup> 2019**.

## WHERE

- We are hoping to have communities from the Northwest, the Northeast, and the North Central volunteer to host students.
- Funding will be provided to hosting families to cover all costs. Gifts of appreciation will also be offered to the hosting families.
- Communities interested in hosting students are encouraged to be in touch well **before January 28<sup>th</sup>, 2019**.

## WHY/GOALS

- Enhance students' cultural competency via an empathetic understanding of northern First Nations people and communities.
- Enable cultural exchange and lay the ground-work for students considering working with First Nations communities in their future practice.
- Improve First Nations' accessibility to high quality primary health care services.
- Shift students' understanding of First Nations health from a focus on deficits and disparities to strengths and resiliency.

**Interested in being a host community? Questions? Email us here:**

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