

Highlights this month:



Pg. 3



Pg. 4



Pg. 6



Pg. 10



Pg. 19

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June 2015

Go-steh-nehee | Newsletter

Volume 2015, Edition 6

ON YOUR MARK! GET SET! TRAP!



Congratulations to FNFN's newest trappers! All the members above successfully completed and are now certified to trap thanks to the FNFN Land's Trappers Course on May 8-10th at Chalo's Culture Room. (Photo courtesy of Cyndi Bonn)

WATER SYSTEM MAINTENANCE: June 1-5 - see pg. 10 for more info.

MEMBERSHIP MEETING: June 16 at 5pm - Chalo MPA Childcare (4+) at Meyosin



This & That

LETTERS TO THE EDITOR

By Canada Post

RR1 Mile 295 Alaska Highway
Fort Nelson, BC V0C 1R0

By Email

renee.lomen@fnation.ca



In This Month's Newsletter:

- 2 | This & That
- 3 | Chief's Update
- 4 | Administration
- 6-7 | Lands & Resources
- 7 | Justice
- 8 | Education
- 8-11 | Capital Works
- 12-13 | Summer Student Information
- 14 | Health & Wellness
- 15 | Health Alert
- 16-17 | Family Services
- 18 | Dehzona Family Center
- 19 | National Aboriginal Day Event
- 20 | Nenan Y & E Gathering
- 21 | Photo Challenge/Community Pics
- 22 | Spirit of the Peace Powwow Information
- 23 | Graduation Announcement
- 24 | Photo Challenge Information
- 25 | Community Calendar

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Some updates/reminders for you. We started to mail out newsletters again. If you've not signed up to receive one, you still can - just email me at renee.lomen@fnation.ca or go to the News page on our website at www.fortnelsonfirstnation.org and fill out the Contact Form.

Along with Marc Boucher's help, we have been working to improve communication internally and externally, and soon we will have an approved Communications Policy which will drive the work I do for you. If you have any suggestions, please let me know. I'm open to new ideas that will help our community and membership be informed.

With June, comes graduation, summer holidays for students and longer days. To the students graduating - congratulations! You worked hard to get to this milestone in your life, with love and support, encouragement from family and friends, YOU did it! To the students who have to return in September - enjoy your break, be safe, and enjoy your holidays, making new memories.

FNFN Gear is here and for purchase at the Admin office. Stop in and see me or Reception to purchase. We are pretty limited in colors and sizes so stop by or call soon. I wouldn't want you to miss out.

Remember, Rez Trivia is on hold for the summer. It will resume the first Tuesday in October. Thanks to everyone who took part every Tuesday at 8pm. It's always a fun and exciting time.

With that, I don't have much more to add other than I wish you a great and happy June. Congrats to graduates and happy holidays to students.

Renee Lomen
Communications & Media Administrator
Renee.lomen@fnation.ca
250.774.7257/250.500.4778

FNFN GEAR PRICING:

- Tees** (sm - 3xl, variety of colors) \$35
- Long Sleeve Tees** (sm - 3xl, variety of colors) \$41 (w/ text on back)
- Long Sleeve Tees** (med - 3XL, variety of colors) \$38 (no text on back)
- Fleece Vests** (sm - 4XL) \$45
- Fleece Jackets** (sm - 4XL) \$50



**** REMINDER ****

Effective May 1st, the FNFN Administration Office and Health & Wellness Center are closed from 12-1pm.

Chief's Update

Dear Members,

I can't believe it's time for June newsletter already? As a youth, I used to think that the days seemed so long and it took forever to end and now I wish for those long days as I don't seem to have enough time to get some of the things that I want done. It's time to get outside and have some fun after a long hard day. It's time to clean up our yards and gardens and spend more time with family and friends outside at the campfire, at the river, in the bush or at the cabin on the lake.

In the last few months, we've held several great events. We held an **Open House** on April 30th where members were invited to come out and learn what programs and services we provide. Each department asked for some feedback through surveys and all of the departments did an excellent job on their presentations. The Lands and Capital Works departments equally won the 'department competition' for best display, information, communication and cultural component. We're trying to find different ways to get information to you and to get input from you and this was one of the ideas and I think it was successful based on the turnout and positive comments received from members.

We followed that open house with an **AGM (Annual General Meeting)**, on Friday, where the annual budget was presented and this, too, was well attended. Our budget was approved and if you weren't at the AGM and are interested in learning more, please come in and ask Marc Boucher, the COO, to review it. We wrapped up the day with a tea dance. The following day, Saturday, was a day that was filled with activities for everyone and another tea dance was held that night.

We also held a membership meeting on Apr 28th with 41 members in attendance. **Our next Membership Meeting will take place on June 16th.**

June 21st is **National Aboriginal Day (NAD)**, the 116th anniversary of Treaty No. 8, it's Father's Day, a long weekend for us, it's the summer solstice, it's our elder **Virginia Capot-Blanc's** 107th birthday and the new NRRM Rec Centre's grand opening. So with all of that happening, FNFN will be holding their NAD events in the afternoon of June 19th so watch for the poster of scheduled events.

Until next time, get outside, have fun in the sun and enjoy the fresh air.

Liz



After many years of operations Eh Cho Dene Enterprises Limited Partnership presented Chief and Council a cheque in the amount of \$5.3 million. This payment comes from profits generated from the initial investment by Fort Nelson First Nation when Eh Cho Dene Enterprises was established. In the coming years, it is expected that Eh Cho Dene will continue to return profits to Fort Nelson First Nation as operations permit and meet the initial mandate in generating wealth for FNFN. Pictured is Councillors Dendys and Kotchea, Chief Logan, Eh Cho Dene General Manager Bernie Gairdner and Councillors Lomen and Parson on May 11, 2015.

COUNCIL MEETINGS IN JUNE:
MEETINGS
June 1, 15 & 29
MEMBERSHIP MEETING:
June 16



(L. to R.) Councillor Dendys, Chief Logan and Marc Boucher man the Council table at the Open House (Photo by R. Lomen)

Cumulative Effects Roundtable



FNNF will be hosting a
**Treaty 8 First Nations
Cumulative Effects Roundtable**
at the Fort Nelson First Nation
Health and Wellness Centre
June 4 - 8:30am-4pm
and
June 5 - 8:30am-12pm

All band members are welcome to attend.

RISC Archaeology Training

The Lands Department is hosting Resources Information Standards Committee (RISC) **Archaeological training July 6-10th**. Upon successful completion, attendees will receive a certificate from the BC Archaeology Branch. The training has **4 spaces remaining** open to band members – first come, first served. If you are interested in attending, or hearing more about the training, contact Jennifer Coupé (jennifer.coupe@fnnation.ca 250.774.6313).

Heritage Policy

The Lands Department will be working with community throughout the summer to develop a plan for Council's approval. For more information, please contact Jennifer Coupe.

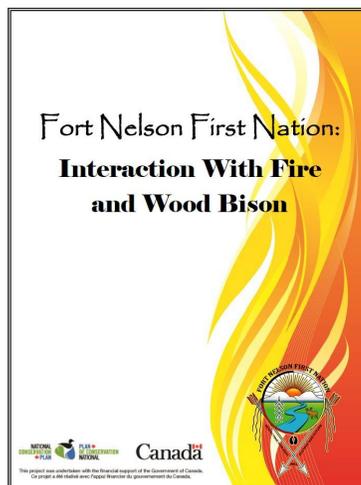
FROM THE ARCHIVES

Do you know the story behind this photo (courtesy of George Behn) or the name of the person in it?

If you or anyone you know wants to share items with our archives, or if you have information about this photo, please contact Jennifer Coupé (jennifer.coupe@fnnation.ca 250.774.6313).



**Fort Nelson First Nation
Fire Project**



FNNF Lands was involved in a controlled burn mid-May near the Nordquist Lake area, east of the Liard River Hot Springs. This burn marked the end of the 2015 FNNF Fire project and occurred in partnership with the local Guide-Outfitter, Liard River Adventures. This collaborative effort supports traditional land management by increasing prescribed fires across the northern portion of FNNF's territory. There are still adjacent prescribed fires creating smoke, however, the fires that FNNF conducted are no longer active.

We did the prescribed fire to create forage areas for the Guide-Outfitter's horses, and to create habitat for the local Wood bison herd and other wild animals. Approximately 2,500ha were burned in patch work spots. We also placed salt blocks at existing salt licks to entice bison away from the highway. Within 24 hours of the salt blocks being placed, 20 bison, including new-born calves, made their way to the area. We expect the calves born near Nordquist Lake to return to the same location year after year. This will lessen the likelihood of vehicle-bison collisions along the highway and reduce both human and bison deaths.

If you are interested in the FNNF Fire Project, copies of the booklet are available at the Lands Department or digitally from our website <http://lands.fnnation.ca/project/fort-nelson-first-nation-fire-project>. For more information, please contact Katherine (katherine.capotblanc@fnnation.ca 250-774-6313).



Lands & Resources cont'd.



On May 8th-10th Carl Gitscheff, a life-long trapper and resident of the Peace, delivered a Trapper certification course at Chalo school. Carl shared a lifetime of trapping experience and his course covered the history and development of the fur trade industry, management of fur-bearing animals and their biology, harvesting and fur preparation, marketing, and discussion of the social values of fur-bearing animals.

"I started following my grandfather from as long ago as I can remember...killing squirrels by the hundreds...I started trapping when I was 9 and bought my first registered trapline the first moment I could, at age 19 ...I worked construction through the summer to break even [and] in 1990, I began teaching trapper education... Now I am 54 and trap 365 days of the year" - Carl Gitscheff

The response was positive from all those that took part in the course. It was widely appreciated that "Even the seasoned trappers learned a lot there" - Nathan Gairdner. While there were many favourite moments throughout the weekend, Nathan Gairdner's highlight was "When Carl was showing us the canine lures, the scent lures. He said one of them smells like *berries* and one student stuck [their] nose

"We were told by band members through *Reaching for Our Vision* to bring in a Trapper Certification course and I'm thrilled that we are able to provide another opportunity for our people to get back on the land, doing healthy activities that honour who we are as Dene and Cree people."

-Lana Lowe, FNFN Lands Director.

right into it and it had skunk in it. She still thought it smelt like berries a bit at least."

"It was really good. I'd take it again in a heartbeat" - Nathan Gairdner

The course registration filled quickly and the response was so positive that the Lands Department intends to partner with Carl in October 2015 to offer the course for those that missed out this May. After the October course, all newly certified trappers will be invited



out to the cabins at Snake River Village to learn more hands-on trapping skills from our own FNFN trappers and El-

ders. To register, contact Marilyn Norby (250-500-1087 mari-lyn.norby@fnnation.ca).



Congratulations to Raymond Needlay, Vanessa Burke, Monica McMillian, Monty Lynch, Floyd Gairdner, Yvette Burke, Kathy Needlay, Cynthia Burke, Calvin Capot-Blanc, Kyla Kotchea, Jackson McDermott, Seth Burke, Kaytanna Burke, Nathan Gairdner and Eddie Thomas for completing the British Columbia Trappers Education Program! Special thanks to Duane Needlay, Eva Needlay, and all the others who dropped in throughout the weekend to share their experiences of trapping.



Lands & Resources cont'd.

Charges Laid Against Nexen for Tsea Lakes 2012 Water Withdrawals

(From the April 2015 Newsletter) During the drought of 2012, the Oil & Gas Commission limited the amount of water companies were able to withdraw with their licenses. In August, the Lands Department received a complaint from a community member that the water levels of Tsea Lakes had dropped dramatically. In response, FNFN's Environmental Technician Katherine Capot-Blanc conducted a site visit and confirmed that the water levels were dangerously low, causing a visible brown ring of dying plant life on the shore. As a result of the community member's complaint and FNFN's follow up investigation, the BC Ministry of Environment launched its own investigation of Nexen, the company holding the water licence at Tsea Lakes. On March 5th 2015, Nexen was officially charged for excess withdrawal during the summer of 2012. Mussi cho to all those who helped in this case. We encourage all community members to continue reporting to us any activities they see on the Land that may be harmful to human and animal health.



FYI:

Nexen Court Hearing

Nexen's next appearance in court will be June 23, 2015 at 9:30am in room 001. The court has assigned this case no. 11680. The hearing is an arraignment hearing and Nexen will appear to hear the charges against them.

Mark your calendars if you're interested being in attendance.

Justice



We bid farewell to Crown Prosecutor Paola and Frederick. They will be missed but we wish them well in their new endeavours.

Fort Nelson Courts welcomes Michelle, acting Crown Prosecutor.

Justice Department Contacts:

Terry-Rae Lebreton
250.500.5335

Bernadette Brown
250.500.1089

Upcoming events in June...

Substance Abuse Management: June 23-25

Respectful Relations: June 15-19

Court Week: June 15-29



Don't forget to stop by the Justice Department and pick up your **ATV Registration Package!**

For more info about registering, visit: <http://www.icbc.com/vehicle-registration/specialty-vehicles/Pages/Off-road-vehicles.aspx>

Stop by and pick up your copy of the Animal control Bylaw to get informed and be a responsible pet owner.

Let's keep our community and family pets safe!



Education

EDUCATIONAL GOVERNANCE:

All the Community Education Authority (CEA) seats have been filled. The 7 members are: Chair Vera Nicholson, Vice-Chair Roberta Michel, Renee Lomen, Kerissa Dickie, Celine Kotchea, Morgan Behn, and Tracy Mearow-Berreault. The CEA meets twice a month on the first and third Wednesdays of the month.

The working group made up of 2 Council representatives and 2 CEA representatives continue their work on changing the FNFN education law to a system of appointment to the CEA to an election system.

POST-SECONDARY APPLICATIONS FOR 2015/16 YEAR

Applications for funding for the fall semester must be completed and handed in to Violet by June 30, 2015.

The AANDC rules have to be followed through the administration of this program. Priority is granted to: #1 - new high school graduates, #2 - continuing students and #3 - new students.

The amount of funding that FNFN receives is formula-based and the demand always exceeds this amount. This situation is only going to get worse as the demand for post-secondary education is increasing, tuition rates and school costs are going up, and the federal government has had a 2% cap on funding for years now. That 2% is taken up by inflation. The First Nations Education Steering Committee

(made up of BC First Nations) has started a project on a potential challenge to the Canadian Human Rights Tribunal on AANDC's policy on post-secondary education.

RECOGNITION OF GRADUATES OF FNFN MEMBERS

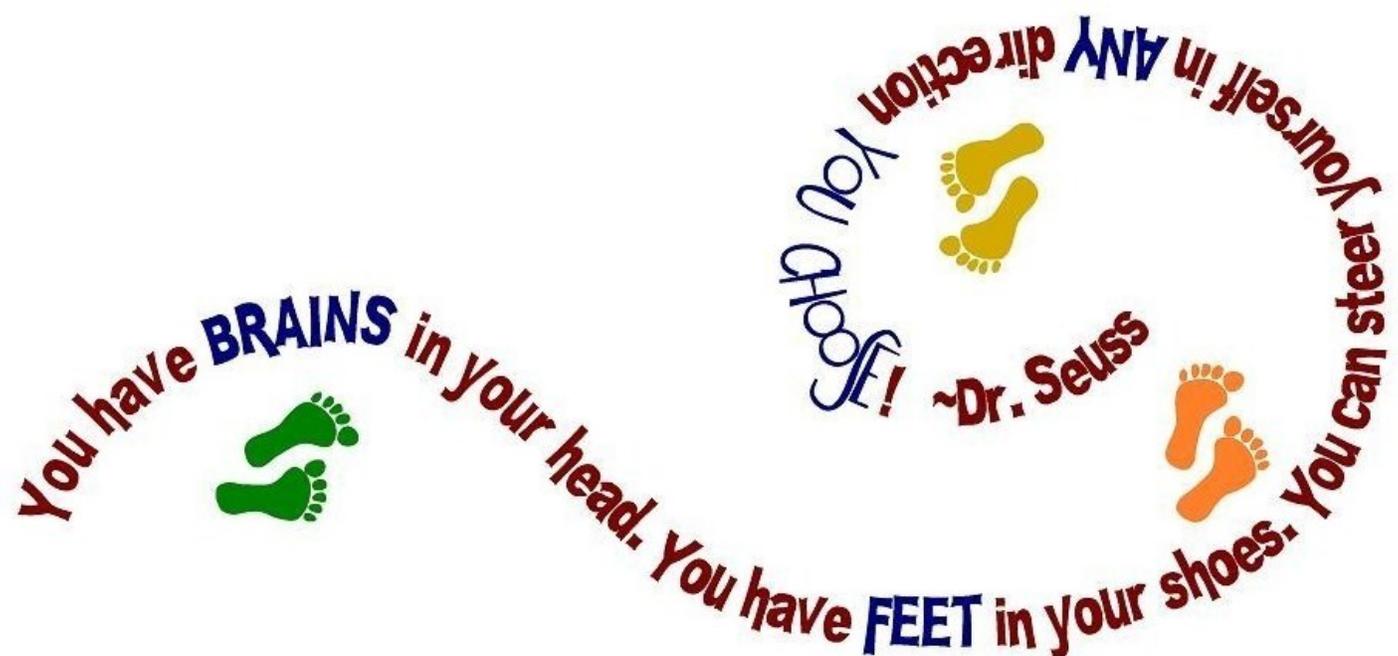
This year will be the first annual recognition event for graduates of FNFN families. It's been talked about for years and this year will be the first. We want to honour those who have worked hard and have completed an education program in the current school year. We are currently looking for a date that would work best for the families and the community. **If you know of someone who doesn't live in the Fort Nelson area and has completed an education program, please let us know as we want to ensure that we don't miss anyone.**

Upcoming Graduation Events:

June 12: Chalo School high school graduation

June 19: Northern Lights College (FN) Convocation

June 26: Fort Nelson Secondary School high school graduation



Capital Works

Things to look forward to in June...

- ◆ Installation of the new Health and Wellness sign
- ◆ Recycling – we are taking a variety of items every Wednesday - Paper/paper packing for dry goods - Cartons, paper cups/containers - Plastic bags and outer wraps/ foam packaging - bottles; aluminum & glass -- small electronics. Call Kitty Michel at 250.500.1230 for further details, she can drop off an acceptable item list.
- ◆ Hydrant flushing is scheduled for June 1-5, 2014. See ad in this newsletter.
- ◆ We will be starting up our Lagoon and begin discharging as of 15th
- ◆ From June 10-19, we will be coming around to each residential unit inspecting the cleanouts/cc valves
- ◆ We are planning to put up memorial boards at the graveyards (On-Reserve and Old Fort) to acknowledge our love ones

DID YOU KNOW?

- ⇒ We celebrated Drinking Water/Public Works Week, last month? We held a coloring and photo scavenger contest for FNFN/Chalo kids. We will announce the winners in the next newsletter.
- ⇒ We test our drinking water: weekly, monthly and quarterly? Our water results are NEHZOO!
- ⇒ We incur approximately \$3-5K/annually cleaning up the garbage that is dumped on our back roads.
- ⇒ We added two concrete pads in the arbor for our elders.
- ⇒ Capital Works administration is moving into the Band Hall in June.
- ⇒ To reduce maintenance costs, we put out the orange concrete bars throughout the community.
- ⇒ We have been reimbursed by AANDC for \$2.5 million for our paved roads.

STAFF CORNER



Robin Capot Blanc

Janitor: Lands Office

Email: robin.capotblanc@fnnation.ca

Duties: She ensures the lands building is in a clean environment.

The best part of her job? Working in the evening.



IMPORTANT CONTACT NUMBERS

Problem Bears?

Call the Conservation Officer at 1-877-952-7277.

This is a toll-free number.

Please call if bears become a nuisance or they are continuously hanging around your yard.



Congratulations to Team FNFN: Cathy Hooper, Cougan Purington, Kitty Michel, Marc Boucher and Stefanie Glasgow on the Most Money Raised at the Charity Bed Races on May 22!

FNFN PUBLIC ANNOUNCEMENT

**FNFN PUBLIC/CAPITAL WORKS DEPARTMENT
IS SCHEDULED TO
FLUSH THE WATER DISTRIBUTION SYSTEM
ON JUNE 1-5, 2015.**

YOU MAY EXPERIENCE LOW WATER PRESSURE DURING THIS SCHEDULED MAINTENANCE. IF YOU NOTE DISCOLORATION OR AN ODOR IN THE WATER – PLEASE LET YOUR WATER RUN FOR A FEW MINUTES PRIOR TO CONSUMPTION. ***IF THERE IS NO CHANGE – PLEASE CONTACT THE PUBLIC/CAPITAL WORKS.***

IF YOU HAVE ANY QUESTIONS OR REQUIRE FURTHER INFORMATION, PLEASE CALL 250.774.7256.

THANK YOU FOR YOUR PATIENCE DURING THIS REQUIRED MAINTENANCE.



HELPING HANDS

"Many hands, make light work."

WEDNESDAY, JUNE 10

8AM - 12PM, 1-4PM

OUTSIDE THE ARBOR

Lunch courtesy of
Spectra Energy

**EVERYONE
WELCOME!**

Come pitch in and help clean
around the Arbor & Wellness
Center! Every little bit helps.

For more information, contact
Capital Works at 250.774.7256.



WORK WILL COMMENCE IN LIGHT RAIN BUT EVENT WILL BE POSTPONED TO ANOTHER DATE DEPENDING ON WEATHER

Summer Student Information



Looking for a Summer Job?

Students ages 15-30 years looking for summer employment with FNFN must complete an employment application (next 2 pages) OR submit a resume and a Social Insurance Number (SIN) to apply.

The actual job postings will be posted soon. Start date for these 8 positions will be June 29, 2015. If you need any help with your application or resume, stop by the Health Centre to speak to Nadeen or call 250.774.2300. She will gladly assist anyone requiring assistance.

EMPLOYMENT APPLICATION



Fort Nelson First Nation
RR#1 Mile 295- Alaska Highway
Fort Nelson, BC V0C 1R0
Tel: (250) 774-7257 Fax: (250) 774-7260

Date of Application: _____

Personal Information

Last Name: _____ First Name: _____

Desired Position: _____ Home Phone: () _____

Address: _____

Are you legally entitled to work in BC? _____ SIN #: _____

Have you worked here before? If Yes, When? _____ Are you currently employed? _____

Do you want to work: Full-time Part-time Temporary

If hired, when can you start work? _____

Do you have a valid BC Drivers License? _____ If yes, License #: _____

Do you have a reliable means of transportation to get to work? _____

Will you agree to a Criminal Records Check? _____

Education*

	Elementary School				Secondary School						College or University					Graduate or Professional				
Year Last Attended																				
Level Completed	4	5	6	7	8	9	10	11	12	1	2	3	4	5	1	2	3	4	5	
Certificates, diplomas, and/ or Degrees obtained																				
Course of Study																				
Any Specialized Training, Apprentices Skills, Awards, and Other Education																				

*Education levels & degrees obtained are subject to verification if an offer of employment is extended.

**Go to 2nd
page of
application >**

Summer Student Information cont'd.

Employment History

From- To	Name/ Address of Employer	Supervisor	Telephone Number	Reason for Leaving

References (Persons not related to you, whom you've known for at least one year)

Name	Address/ Phone	Business

Person to Contact In Case of Emergency:

Name: _____ Telephone Number: _____
 Address/ City: _____ Relationship to you: _____

Applicants be sure to read the following thoroughly before signing:

I certify that the information given in this application is true and correct, and agree that falsification or omission of information called for will make me subject to discharge of employment. I authorize previous employers to furnish any information they consider necessary, as to my activities, experience and work record.

_____ *Signature of Applicant*

_____ *Date*

FOR OFFICE USE ONLY

Interviewed By: _____ Date: _____

Comments: _____

Hired: Yes No Position: _____ Salary: _____

Authorized Signature of Approval: _____

Health & Wellness

Happy June, FNFN! We hope you all are continuing to stay healthy and happy this month.

We would like to remind patient travel clients that the Community Health Clerk requires at least 5 business days' notice prior to departure, to prepare travel arrangements and cheques. Without sufficient notice, we cannot guarantee that your travel cheque will be ready in time.

The community picnic continues to be well attended. We kindly ask everyone to bring a contribution. Mussi cho to everyone who has donated to the picnic in food, dollars and volunteer time. The community support and donations will allow us to continue this weekly event.

Included are the Health and Wellness Statistics for the month of April, and a Health alert from our Counsellors. June is Stroke awareness Month; Nurse Rhonda has included some Stroke information.

Enjoy the beginning of your summer, and come by to visit us!



-The Health and Wellness Department



SHOUT OUTS

to YOU from US!

Mussi cho to Adolphus Capot Blanc and Charlene Badine! Adolphus and Charlene made a generous donation which enabled us to host the 'Mental Health First Aid' training for community and staff.

Mussi cho to Theresa Fincaryk for being our bingo caller on May 14th! BINGO!

Nurse Rhonda's Statistics:

TB Testing: 35
 Elder care: 13
 Child health clinic & immunization: 6
 Blood pressure checks: 45
 Blood sugar checks: 40
 Walk-Ins: 5
 Adult health: 5
 Prenatal: 1
 Baby home visits: 4
 Completed immunization coverage report
 Attended Community Health Nurse Practice huddle Teleconference

Home Support/Care Aides Statistics:

Elders Meals on Wheels Delivery: 4, 36 meals delivered each week
 Elders Home care/Home Visits: 248
 Elders Lunch Attendance: 34

Healing Picnic Attendance:

April 7: 12
 April 14: 40
 April 21: 40
 April 28: 40

Activities with Counsellors in

April: Culture Camp, Youth Empowerment Workshop, Open House, Path Circle

Counsellor Statistics:

Adult Female Sessions	29
Adult Male Sessions	32
Family/group Sessions	6
Female Youth Sessions	41
Male Youth Sessions	39
Community Outreach	64
Crisis Sessions	8
Appointment Cancellations	7
No Shows	9
Other Support sessions	38

HEALTH ALERT!!



The Canadian Centre on Substance Abuse issued an alert to advise people that **counterfeit oxycodone** (popular brand name OxyContin®) pills **containing fentanyl** have become

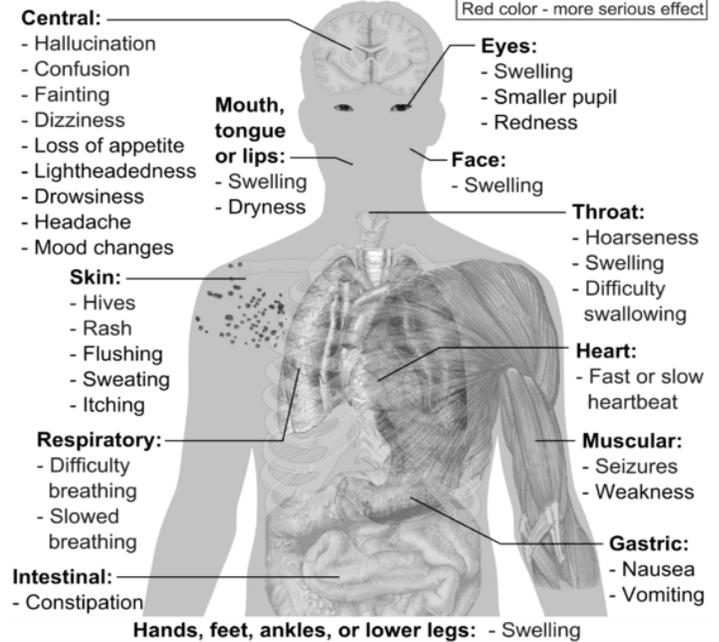
increasingly available across Canada. **The fentanyl in these counterfeit pills increases the risk of overdose among people using them.**

Some of the pills look like oxycodone pills. They are green and stamped with "CDN" or "OC" on one side and the number 80 on the other side and are often referred to as "street oxy" or "greeny". Even though the green are more common, it has been reported that there are white pills with the number 10 stamped on them instead of the 80.

After verification with Health Canada's Drug Analysis Service (DAS), laboratory tests of seized counterfeit oxycodone pills (different brands, sizes and colours) were found to contain fentanyl (89% of the time). Much less common the pills were found to contain Alprazolam or Ketamine as the active ingredient. **Because the counterfeit pills may contain fentanyl and other drugs, individuals who believe they are using oxycodone are at greater risk of an accidental overdose.**

Drinking alcohol or taking other drugs while taking Oxy may make you feel more sleepy and increase the risk of *serious side effects*, such as shallow breathing with the risk of stopping breathing and loss of consciousness and overdose.

Side effects of Oxycodone



OVERDOSE SYMPTOMS:

SLOW BREATHING, SEIZURES, DIZZINESS, WEAKNESS, LOSS OF CONSCIOUSNESS, COMA, CONFUSION, TIREDNESS, COLD AND CLAMMY SKIN, AND SMALL PUPILS.

IF YOU THINK SOMEONE IS OVERDOSING

CALL BC AMBULANCE 250.774.2344

FOR MORE INFORMATION, CONTACT:

PABLO BAZERQUE 250.500.5540 OR SARALEE ANDREWS 250.500.3330,
FORT NELSON FIRST NATION WELLNESS COUNSELLORS

HELP KEEP OUR COMMUNITY SAFE FROM DRUGS, ALCOHOL AND VIOLENCE.

REPORT ILLEGAL, HARMFUL ACTIVITY TO THE RCMP BY CALLING 250.774.2777.

We owe it our kids to do the right thing and model a safe, sober and healthy community.



Family Services

I would like to start by saying mussi cho to the community for stopping in and visiting Family Services at the Open House! It was great to see so many members out, getting informed, interacting with and engaging staff. Our department was thrilled for the opportunity to display teamwork and enthusiasm for the programs and services they provide to the FNFN community.

Below is a brief summary of Family Services staff's monthly updates :

Shawna Badine // Youth Outreach Coordinator

Congratulations to all our FNFN graduates!

With the warmer weather, Pablo and I have been incorporating more culture in to our outreach programs with our adult clients. Outreach program includes being on the land hunting, fishing and setting night lines. See this newsletter for photos.

We had two youth attend the Youth General Meeting which was held May 14th. I encourage all teens to get involved, ask questions and voice their opinions. The Youth Council is still seeking four youth ages 13, 14, 16 and 18. If you're interested or require additional information regarding the Youth Council give me at 250.500.1078.

MAY STATS

One-on-One = 17 clients

Outreach Programs = 22 clients



**Happy Dad's Day to all our Dads,
Grandpas and Uncles in the community!**

Celebrate the men in your life this June 21st.



May 7 - Sikanni River (Photos by Shawna Badine)

**Have questions, comments or
need some extra support?**

Contact Family Services Staff at
250.774.2300 or stop in and see them at
5001 Dene Etene Road,
Health & Wellness Center

Did you know?

The Employment Center has the following:

- ⇒ a job/information board,
- ⇒ computer with internet access,
- ⇒ programs to create or update a re-
sume or cover letter,
- ⇒ a printer,
- ⇒ a fax machine and
- ⇒ a scanner?

We do!

We have everything you need to job search,
apply for a job or access government
programs.

Come on in and check it out!

If you need assistance in doing a job search,
resume or application, give Nadeen a call
and she will gladly make time for you.

Carol Resener // Family Support Worker

Currently, I am working with 12 families
and my clientele continues to grow. Some
of my clients are referred by MCFD but
overall, my mandate is to support all fam-
ilies in our community who may be in need
of extra supports or services.

If you require my help, please do not hes-
itate to come in and see me at the Health
Center or give me a call at 250.774.2300.



Family Services cont'd.

Nadeen Sinclair // Employment & Income Assistance

Stats for April 2014 – March 2015 = 73 Clients
April 2015 = 32 Clients

Income Assistance Policies

Section 4.2 of the policy manual Non-Eligibility states:

Employable persons who quit work, are fired for cause, or refuse work that is in accordance with provincial labour laws, are not eligible for social assistance. Employable persons who are disqualified from receiving employment insurance (EI) benefits due to quitting work, being fired for cause, or for refusing work, are not eligible for basic social assistance. Employable persons awaiting EI benefits, or who have been disqualified for failing to submit federal EI program report cards on time are not eligible for basic social assistance. Employable persons who quit work for health reasons must provide supporting documentation from a physician in order to establish eligibility for basic social assistance. Employable persons are not eligible for social assistance for a period of 30 days, beginning with the date the employable person or any adult dependant who:

- failed to accept suitable employment
- voluntarily left employment without just cause
- was dismissed from employment for just cause

Section 4.9 of the policy manual Exempt Earned Income states:

Exemption – Earned Income for Employable Recipient January 2014 Earned income for income assistance recipients who have been in receipt of income assistance for the previous month or more, are eligible for the following:

- Single person, up to \$200 per month
- Single parent, up to \$200 per month
- Family unit, up to \$200 per month

Section 4.3 of the policy manual Residency states:

Persons who are confined to a federal or provincial corrections institution are not eligible for income assistance during the period of their confinement.

Janelle Badine // Child & Youth Worker

What is self-regulation? It is the ability to manage your own energy states, emotions, behaviours and attention, in ways that are socially acceptable and help achieve positive goals. Here are some highlights of what I learned:

Say What You Want Rather Than What You Don't Want: Avoid saying "Don't"

Replace Praise with Specific Descriptive Feedback: When we move beyond "good job" and describe what they have done the child sees themselves as more capable. For example, if a child shares we can say "You are a thoughtful person."

I also attended Mike Scott's presentation as you may have seen in the May newsletter.

"Fair isn't everybody getting the same thing. Fair is about everybody getting what they need to be successful!"

With MCFD, we strive to ensure FNFN kids are given every opportunity to continue to be strong, healthy, proud and self-reliant while placed in out-of-home care.

April 2015 Stats = 14 Clients



June 1-7th is BC Child & Youth In Care Week! As of 2011, the government of British Columbia has proclaimed a week each year to honour young people in and from care—the first of its kind in Canada. The week is an opportunity to fight stigma and celebrate the diversity, accomplishments and resilience of young people in and from care. There

are some ways to acknowledge this great celebration:

Social Media (Facebook, Twitter, Instagram): Update your profile/cover pics with the BCCYICW images and use the following text and hashtags: #BCCYICW #youthincareareawesome #standwithyouthincare #jointhevillage

Suggested Tweets + Statuses: June 1-7 is BC Child and Youth in Care Week! Proud to #standwithyouthincare this week and every week! #youthincareareawesome #BCCYICW

It takes a village, so #jointhevillage! #StandWithYouthInCare June 1-7 for BC Child and Youth in Care Week, and every week too. #youthincareareawesome #BCCYICW

Our kids matter!



WHAT'S NEW AT DEHZONA DAYCARE? THIS!

☺ The pitter-patter of small feet are slowly increasing within the daycare, we presently have **15 children enrolled**, 13 of whom are children of community members. We still have **spaces available** in the preschool room for children age 3 - kindergarten. The infant toddler room is presently full but I encourage anyone looking for care in the next year to add your name to our wait list as we have a number of community members waiting for spaces to become available.



☺ Center Staff traveled to Vancouver for the ECEBC Childcare Conference and during their time away, they took part in various workshops including Leadership Training , Fostering Resiliency with Indigenous Children and Families , integrating culture into the classroom. They also visited the Terra Nova Nature School. The conference provided an opportunity to network with other Early Childhood educators while learning new approaches in early childhood.

☺ The children and staff have been taking advantage of the nice weather spending time outside, playing in the sprinkler, taking walks in the community and taking the bikes to the skateboard park for some cycling fun.

If you would like additional information or to register for Daycare or Headstart Programs, give me, Kym, a call at 250.500.4305 or Catherine in the Sunshine House at 250.774.2361 ext. 27 or email me at kym.brenton@fnnation.ca.

Kym Brenton
Manager



Headstart Programs

- Join the daycare kids

for a morning of fun at Little Chefs Mondays from 10:00-11:30am. This program combines stories, crafts and cooking that is fun for all.

- Bumps & Babes happens Wednesdays 11:00am -1:00pm. This program is an opportunity for new and expecting parents to come together to share parenting tips and information while visiting and enjoying a fantastic lunch.
- Looking for a way to cool off this summer? Parents and children are invited to join Headstart in the daycare playground Fridays from 1-3pm for some outdoor play and water fun.
- Preschool Health Roundup is taking place June 3 from 10am - 2pm. Headstart will be providing transportation and program support to community members who would like to attend.

A big Dehzona shout out to
**Charlotte
Blanchard, ECE**
Assistant, for her 25 years
of being in the early childhood
field!



Staff in Vancouver at the ECEBC conference gala having some fun!
Arrgh, matey!

Fort Nelson First Nation

National Aboriginal Day

Friday, June 19

Arbor at 5001 Dene Etene Road

Fort Nelson First Nation

- 
- 3:00-3:30 Opening Prayer and Feed the Fire
 - 3:30-4:30 Bannock Dogs
 - 4:00-4:30 Beaver Skinning Demo
 - 4:30-6:00 Activities (axe throw, slingshot, trapper box building, drum making kits)
 - 6:00-8:00 Language and Nutrition Bingo (hosted by the Health & Wellness Dept.)
 - 8:00-9:00 Fire

Everyone welcome!

This is a drug & alcohol free event.

For more information call 250.774.7257 during regular business hours



By taking part in this event, you understand your photo may be taken and used for online distribution and/or other FNFN publications.

National Aboriginal Day

"All of us people working together for our children and families"



7th Annual Youth & Elders GATHERING

July 10-13, 2015

Nenan's 7th Annual Youth & Elders Gathering will be held at the beautiful Bear Flat Campground (35km's south of Fort St. John).

This celebration includes cultural teachings, traditional activities, drumming & dancing, educational workshops and tons of fun for the whole family!

July 10th - Camp Set Up July 13th - Camp Take Down

Registration is Mandatory

Community Registration Booths available in early June - watch for us in your community!

Early Registration:
June 19th, 2015

Nenan Contact:
Lindsey Sprague
250.787.2151 or
lsprague@nenan.ca.



This is an alcohol and drug FREE event

www.nenan.ca

Nenan Dane zaa Deh Zona Family Services Society

10615-102nd Street, Fort St. John, BC V1J 5L3 | P. 250.787.2151 | TF. 1.866.637.2151 | F: 250.787.2152

Community Photos/May Photo Challenge



Dancers Tyler Bonn, Elyse Kotchea, and Kaydence Thompson at the Aurora Dance Centre's Year End Recital (Photo by Cyndi Bonn)



Community Shout Out to Peyton Dickie who was awarded the "Most Sportsman-like Player" trophy for the Novice Division at the Fort Nelson Minor Hockey Association's annual awards night on May 8, 2015.



Chief Logan

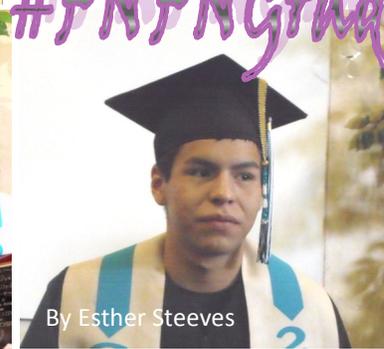
BC Chiefs committing to living violence free. A very powerful message at the 7th annual *Gathering Wisdom for a shared Journey* conference in Vancouver, BC on May 5th. (Photo by Melissa Guse)



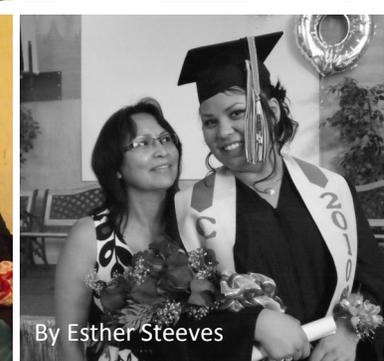
By Esther Steeves



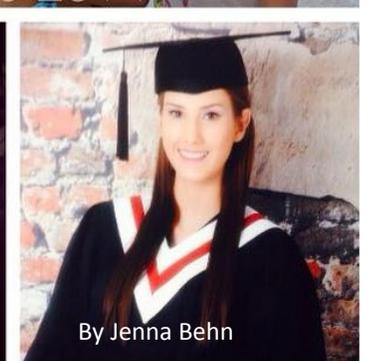
By Esther Steeves



By Esther Steeves



By Esther Steeves



By Jenna Behn

Spirit of the Peace Powwow

10th ANNUAL
SPIRIT OF THE PEACE POW WOW
UNITING OUR FIRES

June 12, 13 & 14th 2015

📍 Taylor BC District Ice Centre

Grand Entry Times

7pm on Friday June 12

1pm & 7pm on Saturday June 13

1pm Sunday June 14

Drum Contest

Male Drummers Only

Back up singers welcome

Prizes TBA

Honorarium for

Non-competing drums Paid

daily

Host Drum Chosen Daily

Sisters In Spirit
Jingle Dress Special
Apsassin and Sons
Mens traditional Special
Other Specials TBA

Limited Camping Space
Available on site.

Competition Categories
Golden Age
Adult
Teen
Junior
Prizes TBA
Buckskin Paid Daily
Tiny Tots Paid Daily

This is a drug
and alcohol
free event

To Register For Contest Drummers and Dancers must present ID

The Spirit of the Peace Powwow Society is not responsible for any lost, stolen or damaged items.
For more information please contact Alison Manitowabi @ 250-785-0612
Vendors please contact Marlene Greyeyes @ 250-785-0612



Congratulations to our Graduate

Dexter Dowd



As it stands, plan B is just
to keep on given'r.



Give'r. You
just go out and
you give'r. You
keep on
working hard.
Yeah, that's a
plan right
there.

With much love and pride,

*Mom, Dad, Darryl, Grandmas Mimi and Lorraine,
Grandpas Doug and Kenny and Auntie Babe, Greg and Kids*

Photo Challenge Information

Fort Nelson First Nation: *Monthly Photo Challenges*

Who Can Play? FNFN Members on and off-reserve, including band members living outside of Fort Nelson

What Is It? Monthly Photo Challenges

When Does It Happen?

- The 1st to the 20th of each month
- New photo challenges will be posted online on or before the 1st of the month
- Deadline for submissions is on the 20th of each month (i.e. for the July photo challenge, submit your photo by June 20th)

Where Do I Play?

- Text submissions to 250.500.4778
- Post on Instagram and tag @FNFNPics using the monthly hashtag

Why a Photo Challenge?

- To incorporate more member photos in to the monthly newsletter
- To involve members on our social media sites
- To allow members to share their photos with the community
- To provide an outlet for members to show their community pride
- To promote our strong, healthy, proud and self-reliant members and community

How Does It Happen?

- Each month a new FNFN-unique hashtag will be posted publicly to the community
- It is then posted/shared online on Instagram, in the newsletter and on Facebook and Twitter

Rules for Submissions:

- Only submissions posted on Instagram that have been tagged @FNFNPics, using the monthly hashtag or that are texted to 250.500.4778 will be eligible for entry
- Submissions must be of yourself or immediate family members; *husband, wife, kids, mom, dad, grandparents (or unless it otherwise states in the photo challenge)*
- One entry per member per month
- Submissions must only consist of 1 photo – **collages will not be accepted**
- Members who submit photos according to the RULES FOR SUBMISSIONS will be eligible to be entered into a draw for a prize at the end of the month. Draws will take place by the 30th of every month. Winners will be announced online

By submitting your photos for FNFN Monthly Photo Challenges you agree that FNFN may use your photo and distribute it online and in the newsletter

Happy tagging, FNFN!

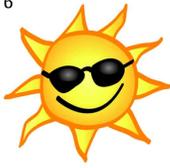
enter a submission, be entered to win a prize!

Revised May 27, 2015

*June's Photo Challenge is **#FNFNSummerFun!** Share your summer fun photos (on the river, in the sprinkler, in the rain, sun bathing, swimming, at the spray park, the possibilities are endless!) and maybe you will win a prize! See Photo Challenge Rules above! Come on, FNFN, share your **#FNFNSummerFun** photos! Winner will be notified online by June 30th.*

Community Calendar

JUNE 2015 COMMUNITY CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
<p><u>NEW VENUE CODE:</u></p> <p>DFC = Dehzona Family Center (incl. Head Start events)</p> 	<p>1 Council Mtg 9am CC</p> <p>Little Chefs 10-11:30am DFC</p> <p>ASP (6-12) 3-5pm Location TBA</p> 	<p>2 Healing Picnic Potluck 5pm OR</p> <p>Girls Group (6-12) 5-7pm OR</p> 	<p>3 Preschool Health Roundup 10am-2pm Rec Ctr. - Transportation Available - NO BUMPS & BABES</p> <p>ASP (6-12) 3-5pm Location TBA</p> <p>Tea Dance 7-10pm Arbor</p>	<p>4 MOW Delivery</p> <p>T8TA Cumulative Effects Roundtable 8:30-4:00pm HWC</p> <p>Boys Group (6-12) 5-7pm M</p> <p>Baseball (13+) 6-9pm Ball Diamond</p> <p>Tea Dance 7-11pm Arbor</p>	<p>5 T8TA Cumulative Effects Roundtable 8:30-12:00pm HWC</p> <p>Fun in the Sun 1-3pm DFC</p> <p>ASP (6-12) 3-5pm Location TBA</p> 	<p>6</p> 	
<p>7 Movie Night: "Robots" 5-7pm, (movie starts at 5:30pm) Popcorn will be provided. Welcome to bring your own chair/snacks/drinks.</p> <p>Arbor (weather permitted) or Circle Room at HWC</p>	<p>8 Manager's Retreat - All Day - Old Fort</p> <p>Little Chefs 10-11:30am DFC</p> <p>ASP (6-12) 3-5pm M</p> 	<p>9 Healing Picnic Potluck 5pm OR</p> <p>Ec Dev Public Mtg 5pm Chalo MPA</p> <p>Girls Group (6-12) 5-7pm M</p> <p>Baseball (13+) 6-9pm Ball Diamond</p>	<p>10 Helping Hands Comm'ty Clean Up 8:30-12, 1-4pm HWC - Lunch by Spectra</p> <p>Bumps & Babes 11-1pm DFC</p> <p>ASP (6-12) 3-5pm CH Gym</p> <p>PATH Circle 5pm HWC</p>	<p>11 NO MOW</p> <p>Chalo Sports Day 9:15-3pm CH</p> <p>Boys Group (6-12) 5-7pm M</p> <p>Baseball (13+) 6-9pm Ball Diamond</p>	<p>12 Chalo Grad 1:30-3pm CH</p> <p>Fun in the Sun 1-3pm DFC</p> <p>ASP (6-12) 3-5pm M</p> <p>Family Friendly Meals 5-7pm DFC</p>	<p>13 Canada Coach Certification Canoe Clinic (16+) HWC - Limited enrollment, call 250-774-2300</p> <p>Family Picnic 10:30am Museum</p>	
<p>14 Canada Coach Certification Canoe Clinic - Day 2 Loon Lake</p> 	<p>15 Council Mtg 9am CC</p> <p>Respectful Relations - June 15-19 - Call Justice for more info 250.774.6565</p> <p>Little Chefs 10-11:30am DFC</p> <p>ASP (6-12) 3-5pm M</p>	<p>16 Healing Picnic Potluck 5pm OR</p> <p>Membership Mtg 5pm CH MPA- Child-care (4+) at M</p> <p>Girls Group (6-12) 5-7pm M</p> <p>Baseball (13+) 6-9pm Ball Diamond</p>	<p>17 Last day of school for elementary</p> <p>Bumps & Babes 11-1pm DFC</p> <p>NO ASP</p> 	<p>18 Last day of classes for FNSS</p> <p>Elders Lunch 11:30-1:30pm HWC</p> <p>Rec. Activity (6-12) 10-2pm M - Kids must be reg'd</p> <p>Baseball (13+) 6-9pm Ball Diamond</p>	<p>19 NLC Convocation</p> <p>Fun in the Sun 1-3pm DFC</p> <p>FNFN Nat'l Aboriginal Day Festivities - 3-8pm - see advertisement on Facebook or in this newsletter</p>	<p>20</p> <p>School is out for the summer! Enjoy, be safe, have fun, and make lots of new memories!</p>	
<p>21 National Aboriginal Day</p> <p>Summer Solstice</p> <p>NRRM Pool Grand Opening</p> 	<p>22 FNFN Stat: FNFN Closed</p> 	<p>23 Substance Abuse Mgmt - June 23-25 - Call Justice for more info. 250.774.6565</p> <p>Healing Picnic Potluck 5pm OR</p> <p>Girls Group (6-12) 5-7pm M</p>	<p>24 Rec. Activity (6-12) 10-2pm M - Kids must be reg'd</p> <p>Bumps & Babes 11-1pm DFC</p> <p>Floor Hockey (13+) 6-9pm CH</p> 	<p>25 MOW Delivery</p> <p>FNSS Report Card Distribution 9am-4pm FNSS MPA</p> <p>Boys Group (6-12) 5-7pm M</p> <p>Baseball (13+) 6-9pm Ball Diamond</p>	<p>26 FNSS Grad 3-5pm Rec Ctr.</p> <p>Fun in the Sun 1-3pm DFC</p> <p>Rec. Activity (6-12) 10-2pm M - Kids must be reg'd</p>	<p>27 FNFN Grad Recognition Celebration (Comm'ty) 6-8pm Arbor, Drum Dance to follow - for more info, contact Kathi Dickie at 250.774.7651</p> 	
<p>28</p> 	<p>29 Council Mtg 9am CC</p> <p>Little Chefs 10-11:30am DFC</p> <p>Rec. Activity (6-12) 10-2pm M - Kids must be reg'd</p> <p>Volleyball (13+) 6-9pm CH</p>	<p>30 Healing Picnic Potluck 5pm OR</p> <p>Girls Group (6-12) 5-7pm M</p> <p>Youth Drop-in (13+) 6-9pm M</p>	<p>FYI: There is no Rez Trivia until October!</p> <p>We're having a break so you all can enjoy the summer!</p>	<p>Looking ahead to July...</p> <ul style="list-style-type: none"> Canada Day, July 1 Nenan Y & E Gathering, July 10-13 			